

Ispt Newsletter

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Management of Projective Identification in Couple Therapy: A Case Study

Christian Theological Seminary

Counseling Center, 3rd Floor 1050 West 42nd Street Indianapolis, IN 46208 317.924.5205 for directions

Or visit our website: www.ispt-news.org

Pat Hedegard, M.A., MFT, LCSW will be addressing the dynamic of sadism and masochism in couple therapy for our first meeting of the season. Ms Hedegard has 14 years clinical experience and has completed the Cincinnati Psychoanalytic Institute Program as well as being a 4th year Fellow in the International Psychoanalytic Institute. This promises to be an informative and fascinating talk. Ms Hedegard recommends the following books:

<u>Impasse and Interpretation</u> by Herbert Rosenfeld

Psychic Retreats by John Steiner



EXCITING NEWS

As you may know, ISPT is a chapter of Division 39 of the APA. Division 39 is approved by the APA to sponsor continuing education for psychologists. 1.5 CE will be offered for the monthly meetings. For nonpsychologists, check with your licensing boards to make sure that programs sponsored by Division 39 of APA is acceptable. You will get a certificate of attendance at the end of each meeting. Of course, you will have to fill out questionnaires, too. This could mean that you can get most of your requirements met by attending meetings and the Spring workshop!

More Exciting News

We are fortunate to have Stan Osmondson, Ed.D., HSPP as our new editor. We can expect creative informative newsletters beginning with the Fall edition! Stan is currently preparing for his psychoanalytic training colloquium.

If any members would like opportunities to support ISPT in action as well as dues payment, contact one of the officers - We can put you to work!

YES - EVEN MORE Exciting News!

The officers have decided to offer the last half-hour of the monthly meeting as an informal time to interact with the presenter and each other -in other words: Socialize!! Let's set the frame for our meetings - make them fun as well as productive. We welcome all suggestions to accomplish this. Again, contact the officers with any suggestions.

Your Officers:

President
Mary Landy, M.D.

President- Elect K. Brynolf Lyon, Ph.D., CGP, LMHC

Treasurer Hanna Cohen, Ph.D.

Secretary and Continuing Education Coordinator Debra Taylor-McGee, Ed.D. HSPP

Letter From The President

Welcome to the new ISPT program year! I know this will be an excellent year. We are fortunate to have Bernie Lyons spearheading the programming this year and we have several of our esteemed members speaking this fall. As I write this letter, I wonder if we are meeting the needs of our members. I have been curious about the very low attendance at ISPT meetings. What is it about? I don't know. I imagine there are as many answers as there are members. But I would be interested in hearing what you need from this organization.

I believe this has been the third attempt to start a psycho-analytically-oriented organization in Central Indiana. In the past, after the founding members finished their terms on the Executive Board, the momentum was lost and the organization floundered. We are just at that

point. The people with the original drive and vision have finished their terms. And now what? What factors generate enough momentum and continuity to keep an organization like ours going? Our current socio-economic climate is so antagonistic to all depth and long term treatments that I feel it is crucial to have a place to nurture and "keep alive" something which I know works. But to keep it alive, we have to want it, and be willing to donate our time and energies.

We are an unusual group. Other organizations to which I belong have more infrastructure, more history and a sort of solidity and permanence which our organization hasn't developed yet. I don't know how an organization moves from a half-hatched, fledgling state to a solid mature one which transcends the input of any particular member. But I think we are in the middle of that developmental process right now. I hope that you will get involved and help us as we try to grow up.

Several organizations have been very helpful to us in this process. CTS has graciously donated a beautiful meeting place and reserved a regular time, which provides a sort of transitional space for us to take shape in. The University of Indianapolis collaborates with us on our yearly conference. We have managed to attract very big name, national quality speakers. This provides mirroring. Other people take us very seriously as an analytic group. All of these things

contribute to developing what I hope will become object constancy for ISPT in each of our minds. But we are in a transition. Who knows what the future will bring? But I am making a commitment to try and do my part and I hope you will too.

I look forward to seeing you at the monthly meetings and also to seeing what we become.

Sincerely, Mary Landy, M.D.

Future Speakers

October 9, 2006: Sue Cebulko

November 13, 2006:
Sidney Anderson
Psychoanalysis with children
presenting with symptoms of
Asperger's: Searching for Affect

December, 2006: No meeting