Indiana Society for Psychoanalytic Thought

A Division 39 Chapter of the APA

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Summer/Fall 2005

Secretary: Mary Landy

Outgoing ISPT President, 2004-2005

Carleen Miller, M.A., LMFT, LMHC

Greetings, ISPT members,

As we wrap up the 2004-2005 year of the Indiana Society for Psychoanalytic Thought, I want to thank all those who have contributed their time and wisdom in making this third year of the society a continued success. The executive committee members have all contributed in countless ways to provide interesting programs and generate new membership and participation in the Society. Special thanks goes to Rick Holigrocki, Past President, who continued to provide leadership to the organization for the third year. Rick was instrumental in getting the organization off the ground (along with Past President Ed Davis) and establishing the Masters Workshop series co-sponsored with the University of Indianapolis. Elgan Baker, President Elect, continued his third year of leadership as the chairperson for the program committee. Elgan and the committee have done a great job of securing unique and stimulating programs for our Society meetings. Elgan will continue to provide strong leadership as he moves into the position of President for the 2005-2006 year. Dina Varano, Treasurer, is completing her third and final year on the executive committee. To her credit Dina has taken the lead in creating key pathways to facilitate ISPT member communication as well as serving as one of the founding executive committee members. We have Dina to thank for having both an ISPT newsletter and a website! Mary Landy has done a great job this year as Secretary of the organization and has kept the communication lines open with her many email reminders and newsletters. Fortunately, Mary has agreed to be on the nomination slate for the position of President Elect. We have had a dedicated and inspired executive committee. I invite you all to join me in thanking them for their service. I would also like to take this opportunity to thank all those persons who have provided the Society with stimulating (sometimes controversial) and thought provoking presentations this year. Additionally, the Christian Theological Seminary Counseling Center staff warrants our thanks for continuing to provide the Society a comfortable space for our meetings. Clinton McNair particularly deserves our gratitude for his willing assistance in facilitating last minute requests for audio-visual equipment. Finally, the Members of the Indiana Society for

Psychoanalytic Thought are owed the greatest appreciation for continuing to support the society through the paying of dues and participation in the Society. Three years ago folks who had an interest in an organized exchange of psychoanalytic ideas had to travel to Cincinnati or Chicago, today Indiana has a strong and growing Society thanks to all of those persons named above. As I leave my position as President, I am proud of what we have **all** accomplished together and I look forward to continuing to work with all of you to build an even stronger and more inspired ISPT.

Thank you all!

Carleen Miller

Incoming ISPT President, 2005-2006

Elgan Baker, Ph.D., HSPP

Dear ISPT Members,

Summer is coming to an end, and school is starting again. My many years as an academic have conditioned me to think of this time of year as a "new year", with all of the associations of beginning and regrets for what didn't get accomplished "last year".

With September, I am beginning my term as your President. I am grateful for the opportunity to contribute my vision and energy to an endeavor which has been a 25 year passion for me: the development of a psychoanalytic community in central Indiana. The brief history of our Society has been a remarkably successful one in bringing together a rich and diverse group of professional colleagues who share an interest in and commitment to psychoanalytic ideas. Our monthly meetings and periodic workshops have been stimulating and exciting forums for a wide variety of theoretical, clinical and professional topics. Several hundred students and colleagues have joined us for these activities over the past three years. I know you will join me in expressing gratitude to all of our past officers and Board members who have planned and organized these events. I want to especially thank Carleen Miller who is ending her term as President and Dina Varano who is leaving the Board as Treasurer after serving two consecutive terms in that role and who has also been the major creative force behind the development of our excellent website. I hope you will say thank you to each of them when you see them next. Their contributions have been outstanding.

Mary Landy ends her term as Secretary. She, too, has done a great job in facilitating communications and in editing our newsletter this past year. Luckily for us, she will continue on the Board as President-Elect. In this role, she will plan our programs for the year. I know that she already has a number of enticing ideas in the works. We are especially looking forward to having Dr. Lewis Aron scheduled to present our Master Clinician workshop next spring. If you would be interested in presenting at one of our monthly meetings, please let Dr. Landy or me know. These are wonderful opportunities to hone a new idea, present a troubling or difficult patient, or practice a paper before a major presentation. Please share your ideas and clinical work with us.

ISPT is a vibrant organization that is important to the intellectual and professional lives of so many of us. But it is a small and often under-publicized group that remains fragile because of its youth and size. We need every member to contribute as you can to ensure our stability and continuity. I hope that you will make an effort this year to attend our meetings, invite associates and students and then recruit them to membership, spread the word about what we are doing, present a program or volunteer for a position of leadership. Without your energy, we will not endure.

There is much left to do and new ideas to pursue. As your President, I intend to emphasize these major initiatives: increase our membership; expand our outreach to students, interns, residents and fellows; and achieve continuing education credits through Division 39 of the American Psychological Association for our monthly programs. I plan to appoint a committee this year to explore the development of our own post-graduate training programs in psychoanalytic psychotherapy here in Indianapolis and another committee to develop a mentor program for students, interns, residents, fellows and young colleagues interested in psychoanalysis. I hope to enhance our visibility in the Local Chapters section of Division 39 and to expand cooperative ventures with the Cincinnati Psychoanalytic Institute. To be successful, I will need your help. Can I count on you? Let me know if you are interested in contributing to any of these ventures.

I look forward to a busy and productive "new year". Join me in welcoming our new officers, introduced elsewhere in this newsletter. Participate in celebrating our 4th year. I am committed to making it our best yet. See you at our meeting in September.

With warm regards,

Elgan L. Baker, PhD President (editorial note: I asked David Downing, Psy.D. to share some information about Division 39. His contribution follow.)

ABOUT DIVISION 39 (PSYCHOANALYSIS), AMERICAN PSYCHOLOGICAL ASSOCIATION

The division was founded in 1979 and has over 3500 members, including psychologists, other mental health professionals, and graduate students who share an interest in psychoanalysis and psychoanalytical thought. The division has stimulated the development of numerous local chapters (approximately 30 at this writing) as well as psychoanalytical training institutes. The Division sponsors an Annual Spring Meeting which has become an important venue on the American scene for the dissemination of innovative ideas in psychoanalytical psychology. A section of the American Psychological Association's Annual Convention is also dedicated to various divisions, including Division 39. In addition to discounted rates at the Annual Spring Meeting of division 39, members receive the Division's Journal, *Psychoanalytic Psychology* – fast becoming one of the premier journals within psychoanalysis, and an important vehicle showcasing the diverse strands of thought that marks contemporary psychoanalytical discourse, theory, and practice.

In addition, members receive the quarterly Newsletter, *Psychologist-Psychoanalyst*, which includes Committee reports and articles relevant to the profession of psychoanalysis, as well as a number of book reviews of interest to the membership. *Psychoanalytic Abstracts* indexes and abstracts major psychoanalytic journals and books.

Additionally, the division has nine sections, which are open to membership: Section I: Psychologist-Psychoanalyst Practitioners; Section II: Childhood and Adolescence; Section III: Women and Psychoanalysis; Section IV: Local Chapters; Section V: Psychologist-Psychoanalyst Clinicians; Section VI: Psychoanalytic Research Society; Section VII: Psychoanalysis and Groups; Section VIII: Psychoanalysis and Family Therapy; Section IX: Psychoanalysis for Social Responsibility.

For membership forms and additional information, you may contact the division 39 Central Office at: 602.212.0511; or send an electronic-mail message to: <u>div39@namgmt.com</u>. You can also view the Web-site at: <u>http://division39.org</u>.

And now, for that gratuitous marketing ploy that is *de rigeur* in America: Yes, it's time for the

TOP TEN REASONS FOR JOINING DIVISION 39

- 1. A professional "home" that extends beyond your local chapter where you can participate in sharing and learning from psychoanalytically-minded colleagues representing the considerable diversity of thought and perspective that marks contemporary psychoanalysis.
- 2. Subscriptions (as part of your annual dues) to Division 39's eminent journal "Psychoanalytic Psychology" and its Newsletter, the "Psychologist-Psychoanalyst",

which contains scholarly articles on theory and practice and book reviews not available anywhere else.

- 3. The Division 39 website, <u>www.division39.org</u>, with up-to-date information on what is happening in the Division, its nine Sections, and the psychoanalytic community.
- 4. Attendance at the stimulating Division 39 Annual Spring meeting: four days of fabulous programming that highlights and features the brightest thinkers in the field. The Annual Meeting in 2004 is in Miami Beach.
- 5. Membership in a community of over 4000 psychoanalytically-oriented practitioners and scholars.
- 6. Opportunities for fabulous networking and collegial support both locally and nationally.
- 7. A professional identity with the leading thinkers in the field.
- 8. Many existing programs for graduate students and opportunities for mentoring, involvement in Division 39 Committees, and so forth.
- 9. The Division 39 Annual Dues are very reasonable considering value received.
- 10. "Free association" and "freedom of speech" are your constitutional rights, and are readily available at all Division 39 functions and forums.

Fall 2005 ISPT Presentations:

September 12

Mary Landy Neutrality – An Evolving Concept

October 10

Bernard Baca

Marital Therapy – The Theory of How Couples Find Each Other

November 14

TBA

December 10 – Note this is a Saturday. Annual Christmas Dinner – location to be announced

ISPT meetings are held on the 3rd floor of the Christian Theological Seminary Counseling Center on the 2nd Monday of each month from 7:30-9:00 PM. The Center is located at 1050 W. 42nd Street, Indianapolis, IN 46208. Directions to the CTSCC can be found at: http://www.cts.edu/welcome/direction.html